

CANADIAN MASTERS SPRINT CHAMPIONSHIPS RULE BOOK

Revised 2022



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1. General Rules

- 1.1. The CKC Sprint Racing Discipline Competition Rule Book will apply with the exceptions applying specifically for the Canadian Masters Canoeing Championships noted as follows.
- 1.2. The CKC Code of Safety will apply.
- 1.3. International participation will be encouraged, participants from nations other than Canada must be registered with their respective National Federation. All participants must be registered in the CKC Ramp system and all are subject to CKC policies, including CKC's Safe Sport Policies.
- 1.4. All Canadian participants must be registered and in good standing with a registered member Sprint Club with CKC.
- 1.5. All participants must submit all completed required waivers ahead of the start of competition.
- 1.6. All Paracanoe athletes that have strapping in their boat or equipment must sign the CKC Strapping Waiver as per rule 2.20 (h) in the SRD Rulebook.

2. Club Colours

- 2.1 Every competitor must wear their club's approved racing singlet.
- 2.2 For crews designated as a club crew (all members of the same club), all members must wear that approved club's racing singlet.
- 2.3 Athletes in 50/50 or more composite split Multi-Club Crews must wear their own club approved singlet when racing. Multi-Club Crews are noted in the entries as "Mixed" for the name of the club (unless the software does not allow this).

3. Russ Dunn Costume Salute

- 3.1. In honour of CanMas founder Russ Dunn at lunch break during CanMas the Russ Dunn Doubles Costume Salute will be run (K-2 or C-2, same sex or mixed).
- 3.2. The Doubles Costume Salute will be worth a bonus 10 points to the club deemed to have the best costumed crew from a panel of 3 judges.
- 3.3. The costume must be related a theme communicated no later than one month before the competition, and will be judged on originality, effort and stability in the boat. Only 1 crew per club may participate and the event does not count towards the number of races.
- 3.4 Please note that costumes must not compromise the safety of the individuals wearing them, or other individuals involved in the salute (including event organizers). Costumes must not impede their ability to manoeuvre or exit their boat (in all conditions) or impede their ability to stay afloat safely if their boat capsizes.

4. Distances

- 4.1. All races will be 200m, with the exception of War Canoe Events which will be 500m.
- 4.2 Distances may be adjusted for certain events.

5. Race Limits

- 5.1. Each athlete is allowed to participate in 6 races (any) + 1 additional mixed war canoe + 1 additional same sex war canoe (Men's or Women's). Entries will be forfeited if athletes are entered in more than the maximum allowed
- 5.2. Clubs are allowed to enter 3 crew's maximum per race.
- 5.3. If a club wishes to enter additional paddler(s) above the 3 crew maximum in their singles age category of their age only (not racing down), these names can be submitted to the CKC Staff Lead prior to the entry deadline. If lanes are available in a race for a given age category, additional entries will be drawn at random to fill open lanes. No additional races will be added to accommodate these random entries. Random entries if selected, must be raced and count to the race limit.
- 5.4. If there are less than four entries received for a given race, the entries may be placed in the next youngest class and will assume the new time of that event. The decision to combine age classes will be made with the goal of keeping the race day a manageable length, and will rest with the CKC Staff Lead. It is the case that many age classes will already combined in the schedule of events due to the length of the competition.

6. Timed Heats and Seeding

- 6.1. CanMas will use timed heats when there are more than 9 competitors in each event. The times will be ranked across all the heats to determine the outcome of that event.
- 6.2. Clubs with more than one entry in any particular event should list their entries as 1, 2, 3 with the best entry being #1; this way, the competitors can be seeded properly. Note that the CKC Staff Lead may need to override seeding to accommodate the entries in the essence of race spacing.

6.3. Coaches must ensure that they submit only qualified entries. A qualified crew will have raced or trained in the type of boat they are racing before the event.

7. Categories of Events

Category	A	B	C	D	E	F	G	H	I	J	K	L	M
Singles (M/W)	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85+
Doubles (M/W/Mixed)	25-34		35-44		45-54		55-64		65-74		75-84		85+
Fours (M/W/Mixed)	25-34		35-44		45-54		55-64		65-74		75-84		85+
C-15 (M/F/Mixed)	25-44				45+								
Para Open Singles (M/W) – Para K1 and Va'a events	25+												
Surfski (M/W)	25-44				45+								
Novice Singles (M/W)	25-44				45+								

All events are eligible for medals.

*All CKC Sprint Rule Book Boat Specifications will apply with the exception of:

Rule 2.20 (l) The boat is to be designed as to be a sit-in (Kayak type) not a sit-on (Surf Ski type).

This means that sit on top type boats will be permitted in Kayak events only if they meet all the other specifications for sprint boats including length.

**A Surf Ski Open will be raced (ABCD 25-44 and E+ 45+) in which Sit-On Top type Kayaks will be permitted with no restrictions.

8. Age Category

- 8.1. Average age will apply to determine all Crew categories.
- 8.2. The age category will apply according to the age attained as of January 1st the year of competition.
- 8.3. Date of birth is required. This is to be submitted with the CKC registration system. If a member is of another National Association, the same applies. This may or may not be part of the registration in the CKC registration event software.
- 8.4. Novice paddlers are first year paddlers only. Novices are NOT those athletes who raced in previous years in sprint canoe/kayak (CCA or CKC Championships) and are now racing Master.

9. Fees

- 9.1. General Registration with CanMas is \$125 per competitor. There will be no per event charge.

10. Entry Process

- 10.1. CanMas race registration will be via Ramp. Access to Ramp shall be coordinated between clubs and the CKC Staff Lead.
- 10.2. Support for the entry process will be provided by the CKC Staff Lead and through User Guide documents available on the CKC website.

- 10.3. An invoice will be emailed to each club following the receipt of entries. Etransfer and credit card payment details will be included with the invoices.
- 10.4. Fees will be due to “Canoe Kayak Canada” before the start of CanMas Competition, payment information will accompany the invoice.
- 10.5. The CanMas Draw will be circulated, at minimum on week before the competition date. Issues should be brought to the attention of the CKC Staff Lead.
- 10.6. The Scratch Meeting will be held on the morning of CanMas at 7:00 am.
- 10.7. In the event of a scratch, a scratch fee of \$20 for each race scratched will apply.
- 10.8. There will be no post entries after the entry deadline.
- 10.9. Entry in back to back events are not allowed and will not be accommodated, should an athlete become conflicted with back to back events through the process of making the CanMas Draw. The athlete will be given the option of scratching either race, with the fee being returned in this specific case.

11. War Canoe

- 11.1. War Canoe lists must be submitted to the CKC Staff Lead with the club entries
- 11.2. War Canoe Entries will be forfeited if these lists are not submitted.
- 11.3. War Canoe captains must be ELCC certified or in receipt of their Level I coaching certificate.
- 11.4. A mixed War Canoe must have at minimum 6 female paddlers to count as mixed.

12. Mixed Club Crew Boats

- 12.1. Tandem Entries with members from two different clubs will be deemed Mixed Entries and will not count for points. These entries will be eligible for medals
- 12.2. Four Boat Crews with 3 members from Club A, and 1 member from Club B will count for points for Club A and be eligible for medals.
- 12.3. Part of the Spirit of CanMas in encouraging participation in crew boats for those that may not have partners at their home club allows for some mixed club crews. The following rules govern the creation of mixed club crews.

Tandems

- 12.4. If a club is missing a partner for a Tandem, a “Need Partner” entry can be submitted on Ramp as the second crew member.
- 12.5. Working with other Clubs a partner for a crew in need, in each age category, or as close to it as possible, will be assigned at or before the scratch meeting
- 12.6. All participants of the crew must have paid the entry fee.
- 12.7. 50/50 composite Multi-Club Crews will be designated as “Multi-Club Crews” and will not be eligible for points.

Fours

- 12.8. If a club needs a crew member(s) to complete a Four Boat, “Need Partner” entries can be submitted on Ramp to fill a crew entry.

- 12.9. Working with other Clubs partners for a crew in need in each age category, or as close to it as possible, will be assigned at or before the scratch meeting
- 12.10. All participants of the crew must have paid the entry fee.
- 12.11. Four Boat crews with 3 members from Club A and 1 from Club B will count as racing for Club A, with medals and points awarded.
- 12.12. Four Boat crews with 2 members from Club A and 2 members from Club B will count as Multi-Club Crews, they will not be eligible for points.
- 12.13. Four Boat crews with members from 3 or more clubs will count as Multi-Club Crews, they will not be eligible for points.

War Canoes

- 12.14. Ten or more competitors from the same Club constitute a War Canoe entry for that club and will count for points for that club. The boat must have 14 competitors and one steersperson. (Women can be part of the 10 in a male crew). The crew can then be filled out with up to four drawn names at the time of the regatta. You cannot fill out the crew with members of another Club prior to this.
- 12.15. Clubs with athletes interested in racing in War Canoe with another club should indicate this before the entry deadline to the CKC Staff Lead.
- 12.16. Club spokespersons will work together to fill out any crews in need of competitors.
- 12.17. There is no additional War Canoe entry fee. The participants in any War Canoe entry must have paid the competitor fee.

13. Points & Burgee

Points will be awarded from first to ninth place based the following point distribution:

Postion	Singles Doubles Fours	War Canoe
1	10	20
2	8	16
3	7	14
4	6	12
5	5	10
6	4	8
7	3	6
8	2	4
9	1	2